**Are foreign teachers covered by health insurance?**

Yes. National Health Insurance (NHI) covers not just Taiwanese but all foreigners with ARCs. If you come to Taiwan to work and obtain an ARC, you can join the NHI as soon as you start working without a waiting period. In this case, your employer is responsible for your enrollment.

**What types of medical services are available to me?**

Basic medical services such as outpatient services, dental care, emergency care, and hospitalization are covered by NHI. For details, visit the [National Health Insurance Administration](https://www.nhi.gov.tw/English/)website, which provides medication lists, referral services, and other information.